



ORGANIZATION MANUAL

1. ORGANISATION

The Federação de Patinagem de Portugal, in co-operation with the Associação de Patinagem de Aveiro and the club Associação Desportiva Arsenal de Canelas, together with the City Hall of Estarreja, will organise the Speed Skating European Championship of Youth, Junior and Senior.

It is a privilege for the Organising Committee to accept such an honourable distinction from World Skate Europe – Speed Skating Committee, to organise such an important competition.

We will do the utmost, together with the regional bodies and partners, to deserve such distinction and, engaged as we are in the realisation of this event, it is our intention to ensure full success from all points of view, social, sport and organisational.

2. RULES & PROGRAMME

The European Championships will be held according to the international rules established by the official competent bodies for this competition. The official Program is attached.

3. DATE AND VENUE

The European Championships will be held **from July 18**th **to July 25**th, **2021**, in **Canelas** at the sports facility of the club **Associação Desportiva Arsenal de Canelas**.

Address: Rua Professor Manuel Andrade, 36 | 3865-033 Bandulha Google Maps

4. OFFICIAL WEBSITE

The official website is www.canelas2021.pt

5. COMPETITION CIRCUITS

TRACK & ROAD CIRCUITS

Track Surface: Vesmaco (200 x 6 meters) Road Surface: Tar (380 x 8 meters) **Both circuits have lighting for night races**

Audience: 600 seats

No Audience allowed (Covid restrictions)

Support: Skate Village

Resta<mark>urant</mark> Warm Up area

Bar

VIP Lounge
Doping Facilities





















MARATHON CIRCUIT

To be held in a closed circuit at *EcoParque Empresarial de Estarreja*, 8 Km far from the Track and Road circuits. *Google Maps*

Circuit Map:

Features:

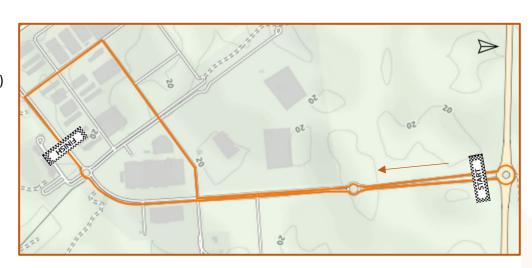
Tar (good conditions) 4,41 km p/lap 7 meters wide 9 laps + 2505 meters

Entrance:

by the **Start** line

Organization:

by the Finish line



6. IMPORTANT DISTANCES

Venue:

Associação Desportiva Arsenal de Canelas



Distances to the Venue:

- Nearest International Airport
 - **Oporto International Airport**
- Name: Francisco Sá Carneiro
 Airport Code for Travel Agents: OPO

Distance to Venue: 70 Km Travel Time: 45 minutes (by car)

- Farthest International Airport
- Lisbon International Airport
 Name: Humberto Delgado
 Airport Code for Travel Agents: LIS
 Distance to Venue: 260 Km
 Travel Time: 140 minutes (by car)
 - Nearest Land Border

Vilar Formoso (Portugal) / Ciudad Rodrigo (Spain)

Distance to Venue: 180 Km Travel Time: 110 minutes (by car)

Nearest Cities

Estarreja

Distance to Venue: 4 Km / 6 minutes (by car)

Aveiro (District Capital)

Distance to Venue: 16 Km / 20 minutes (by car)

Ovar

Distance to Venue: 20 Km / 25 minutes (by car)























7. ACCOMMODATION

We set contacts with 8 Hotels - in 2 different locations - for the attending Teams:

Location #1 | OVAR

Aqua Hotel **** Google Maps

Address: R. Aquilino Ribeiro 1, 3880-151 Ovar

Phone: +351 256 575 105
E-Mail: info@aquahotel.pt
www: www.aquahotel.pt
Contact: Mr. Pedro Oliveira
Single Room: 60,00€
Twin Room: 65,00€

OvarCharm Apartments <u>Google Maps</u>

Address: R. Aquilino Ribeiro 1, 3880-151 Ovar

Phone: +351 256 575 105
E-Mail: info@aquahotel.pt
www: www.aquaapartments.pt
Contact: Mr. Pedro Oliveira

T1: 75,00€ T2: 85,00€



Location #2 | AVEIRO

Meliá Ria Hotel & Spa **** Google Maps

Address: Cais da Fonte Nova, Lote 5 | 3810-200 Aveiro

Phone: +351 234 401 000
E-Mail: melia.ria@meliaportugal.com

www: www.meliaria.com/pt-pt
Contact: Miss Eulália Vieira
Single Room: 70,00€

Twin Room: 80,00€

Hotel as Americas **** Google Maps

Address: R. Eng. Von Haff 20 | 3800-176 Aveiro

Phone: +351 234 346 010
E-Mail: info@hotelasamericas.com
www: www.hotelasamericas.com

Contact: Miss Paula Brandão
Single Room: 61,00€
Twin Room: 71,00€
Triple Room: 107,00€

Hotel Jardim *** Google Maps

Address: Av. de Dom Afonso V | Aveiro

Phone: +351 234 426 514

E-Mail: info@hoteljardim.pt

www: www.hoteljardim.pt

Contact: Miss Natasha Almeida

Single Room: 58,00€ Twin Room: 81,00€ Hotel Afonso V *** Google Maps

Address: R. de Dr. Manuel das Neves | 3810-101 Aveiro

Phone: +351 234 425 191
E-Mail: info@hotelafonsov.pt
www: www.hotelafonsov.pt
Contact: Mr. Alexandre Silva
Single Room: 55,80€

Twin Room: 76,50€

Hotel José Estevão ** Google Maps

Address: R. José Estevão 23 | 3800-202 Aveiro

Phone: +351 234 346 010
E-Mail: info@joseestevao.com
www: www.joseestevao.com
Contact: Miss Paula Brandão
Single Room: 40,00€

Twin Room: 60,00€ Triple Room: 80,00€

Hotel Moliceiro **** <u>Google Maps</u>

Address: R. Dr. Barbosa Magalhães 15/17 | Aveiro

Phone: +351 234 377 400

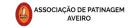
E-Mail: hotelmoliceiro@hotelmoliceiro.pt

www: www.hotelmoliceiro.pt
Contact: Miss Cátia Costa
Single Room: 110,00€ (20% disc.)

Twin Room: 130,00€ (20% disc.)



















8. MEALS

A Buffet service will be available at the Venue with a special menu focused on the athletes, starting from the official practice.

Price: 12,50 Euros / per person / per meal

Menus: Soup / Main Course / Fruit (Vegetarian option available)

Lunch: from 12:00 to 14:30 **Dinner:** from 19:00 to 21:30

Reservations must be made in advance, before 07/07/2021, to:

E-Mail: <u>adac_canelas@hotmail.com</u>

WhatsApp: +351 917 819 152

Payment can be made by bank transfer to:

IBAN: PT50 0045 3040 40069161521 10

SWIFT: CCCMPTPL

Alternatively, the payment can be made locally, in cash (there is no ATM machine).

9. UNOFFICIAL PRACTICE AT THE COMPETITION CIRCUITS (TRACK AND ROAD)

The *Associação Desportiva Arsenal de Canelas* will provide unofficial practice time to all interested Teams, taking into consideration the number of National Teams and the availability of the Venue.

The unofficial practice time will be available from 08:00 to 21:30, in 1,5 hours blocks, will cover both track and road circuits and it will be free of charge. All orders are subject to confirmation.

Reservations/Informations:

E-Mail <u>adac_canelas@hotmail.com</u>

WhatsApp +351 917 819 152

10. OPENING CEREMONY

The Opening Ceremony will be held on Sunday, July 18th, at 19:00, at the Venue.

11. TICKETS & TICKET OFFICE

Now, in Portugal, it is not yet allowed to have audience in sports events.

The possibility to have audience during the races will be determined by the Portuguese Government and it is a situation that is evaluated every two weeks, considering all Covid-19 related facts in Portuguese territory.

If audience is allowed at the time of the Europeans, tickets will be free of charge, but with mandatory previous reservation and limited to 200 seats.

To book the seats, make a request by e-mail with the following information:

- Specific days when you want to attend
- Number of people asking to attend
- In case of a relation with a Skater, inform (p.e. father, mother, etc.)
- Send the request to: <u>ricardo.araujo@fpp.pt</u>, <u>before June 25th, 2021</u>

The Organizing Committee will reply on July 3rd, 2021, with positive, or negative, decision to the e-mail who made the request.

All people attending as "audience" will have to comply with all Covid-19 regulations and will have to fill the Responsibility / Consent Form (will be sent in case of positive decision).

The Organizing Committee will limit the requests of tickets if necessary and in case of excessive requests.



















12. VISA

Teams who need to obtain a Portuguese Entry Visa, should require a letter of invitation to WSE-Speed Skating Technical Committee.

13. ACCREDITATION FOR TEAMS

ALL TEAMS must send the following information to the Organizing Committee:

- Official inscription form or List of participants with Name and Function
- Low Resolution Photo (one per person JPEG format file)
- Name of the Hotel where the Team is accommodated
- Responsibility / Consent Form per person <u>use the Teams form</u>
- Send it by e-mail to: <u>ricardo.araujo@fpp.pt</u>, no later than <u>July 1st, 2021</u>

14. ACCREDITATION FOR MEDIA

All Media interested in attending the European Championships, must make a **formal request for PRESS accreditation**, that will be available in the official website **www.canelas2021.pt**.

15. SALES AREAS

Interested companies should inform their willingness to rent spaces for sales, informing in the shortest time, the intention to attend the event for the purpose.

Price: 100 Euros / per day or 500 Euros / all week

Reservations must be made in advance, before 07/07/2021, to:

E-Mail <u>adac_canelas@hotmail.com</u>

WhatsApp +351 917 819 152

Payment can be made by bank transfer to:

IBAN: PT50 0045 3040 40069161521 10

SWIFT: CCCMPTPL

16. COMMUNICATIONS

To contact the Organizing Committee, please do it to Ricardo Araújo to the following contacts:

E-Mail: <u>ricardo.araujo@fpp.pt</u> Phone: + 351 937 428 806



















ATTACHMENTS

COVID-19 SPECIAL CONDITIONS FOR ALL PEOPLE

All people arriving in Portugal must present a Covid-19 Negative Test (molecular - by swab) made in the previous 72 hours, or less. This is mandatory at all Borders.

All countries should get information by their own Governments regarding the restrictions and conditions to enter Portuguese Territory.

All people attending the European Championships must <u>HAVE AN EVENT ACCREDITATION</u>.

To obtain an event accreditation, all people must:

- Present proof of Covid-19 Negative Test (molecular by swab) made in the previous 72 hours, or less (same used to enter in Portugal)
- Fill the Responsibility / Consent Form and send/deliver it to the Organizing Committee
- Always follow the established safety regulations, whether they are competing, practicing, or enjoying some downtime

The accreditations will be given at the Venue, on arrival:

- To the TEAMS
- To the GUESTS
- To the VENDORS
- To the MEDIA/PRESS
- To the WSE, JUDGES, TIMEKEEPERS, SERVICES

Accreditation will be delivered with negative test result only. No exceptions will be made.

NOTES:

All information for travellers arriving in Portugal are public at:

National Health Department Foreign Affairs Ministry

We invite everyone to avoid recreational activities and/or at risk of contagion both before and after entering in Portugal, otherwise we will nullify the protection measures adopted.

COVID-19 TESTS

The Organization will provide Covid-19 Tests to the World Skate Europe, to the Teams, to the Judges and the Timekeepers with the following timetable:

- Test before the Track races
- Test before the Road races
- Test before the Marathon (only for those who were not present on the Road)



















Responsibility / Consent Form

For National Teams

(1 form per person)

















RESPONSIBILITY FORM

I, undersigned, with passport / identification card number Championships, in Canelas, Portugal, as declare on my honour that:

, participant at the 2021 Speed Skating European , and representing ,

- I will adopt a socially responsible behaviour, in exemplary compliance with the general measures
 recommended by the Portuguese Health Authorities, in my life in society and during sports practice,
 namely, respiratory etiquette, frequent hand hygiene and, whenever applicable, physical distancing and
 the use of masks.
- I accept to wear a mask in all the situations foreseen and recommended by the health authorities.
- I will monitor my body signs and symptoms, namely fever, cough and breathing difficulties, during training and competition practice, in particular on the day before, the day of training and when in competition.
- I will inform the Responsible Person of my National Federation immediately if any contact occurs with individuals suspected of COVID-19 or confirmed cases of SARS-CoV-2 infection and of any signs and symptoms of COVID-19, including fever, cough or breathing difficulties.
 I will apply this same rule to all members of my household.
 If I am a Responsible Person from a National Federation, I will inform immediately the World Skate Europe and the Organizing Committee.
- I agree to undergo all laboratory tests for SARS-CoV-2 as determined by the medical staff of my National Federation, of the World Skate Europe, of the Organizing Committee of the European Championships and of any Portuguese Health Authorities.

CONSENT FORM

For all due legal purposes, in accordance with the <u>Guideline number 036/2020 of 25/08/2020 of the Portuguese Health Authorities</u>, on Sports and Sporting Competitions, I have taken note that when I attend sporting venues (open or closed), a record of my personal details (name, e-mail and telephone contact) by date and time (entry and exit) will be kept by the Organizing Committee where the sport or sporting competition takes place, as well as the World Skate Europe, a record of my personal data (name, e-mail and telephone contact), by date and time (entry and exit), for the purpose of supporting the epidemiological enquiry of the Health Authority, if applicable.

I have become aware, as the data owner, of my right of access, update, rectify, erasure, restriction of processing, objection, portability and withdrawal of consent at any time. As a data owner I may also make a complaint with the competent supervisory authority. For more information about the processing of my data and the respective rights I can consult the FPP's Privacy Policy available at https://www.fpp.pt.

E-Mail		
Contact		
Date		
Signature:		
or		
Signature of Parent (if u	nderage):	

Print and sign this form.

Send it by e-mail to ricardo.araujo@fpp.pt or deliver it by hand in Portugal, at registration.





PROGRAM - TRACK

MONDAY, JULY 19 TH , 2021						
		MONDAI, 30	11 13 , 202			
9:00	200	SPRINT	YOUTH	MEN	SERIES	
	200	SPRINT	YOUTH	LADIES	SERIES	
	200	SPRINT	JUNIOR	MEN	SERIES	
	200	SPRINT	JUNIOR	LADIES	SERIES	
	200	SPRINT	SENIOR	MEN	SERIES	
	200	SPRINT	SENIOR	LADIES	SERIES	
12.00	500+X	TEAM SPRINT	YOUTH	LADIES /MEN	SERIES	
	500+X	TEAM SPRINT	JUNIOR	LADIES /MEN	SERIES	
	500+X	TEAM SPRINT	SENIOR	LADIES /MEN	SERIES	
	500+X	TEAM SPRINT	YOUTH	LADIES /MEN	½ FINALS	
	500+X	TEAM SPRINT	JUNIOR	LADIES /MEN	½ FINALS	
	500+X	TEAM SPRINT	SENIOR	LADIES /MEN	½ FINALS	
17:00	200	SPRINT	YOUTH	MEN	FINAL	
	200	SPRINT	YOUTH	LADIES	FINAL	
	200	SPRINT	JUNIOR	MEN	FINAL	
	200	SPRINT	JUNIOR	LADIES	FINAL	
	200	SPRINT	SENIOR	MEN	FINAL	
	200	SPRINT	SENIOR	LADIES	FINAL	

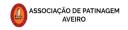
CEREMONIES 200

19:00	5000	POINTS	YOUTH	MEN	FINAL
	5000	POINTS	YOUTH	LADIES	FINAL
	10000	POINTS-ELIMINATIONS	JUNIOR	MEN	FINAL
	10000	POINTS-ELIMINATIONS	JUNIOR	LADIES	FINAL
	10000	POINTS-ELIMINATIONS	SENIOR	MEN	FINAL
	10000	POINTS-ELIMINATIONS	SENIOR	LADIES	FINAL

500+X	TEAM SPRINT	YOUTH	LADIE /MEN	FINAL
500+X	TEAM SPRINT	JUNIOR	LADIES / MEN	FINAL
500+X	TEAM SPRINT	SENIOR	LADIES /MEN	FINAL



















THICK	DAM	11111	/ DOTI	2024
IUESI	DAY.	FIUIT	Y ZUIF	l. 2021

10:00	500+X	SPRINT	YOUTH	LADIES	SERIES
	500+X	SPRINT	YOUTH	MEN	SERIES
	500+X	SPRINT	JUNIOR	LADIES	SERIES
	500+X	SPRINT	JUNIOR	MEN	SERIES
	500+X	SPRINT	SENIOR	LADIES	SERIES
	500+X	SPRINT	SENIOR	MEN	SERIES

500+X	SPRINT	YOUTH	LADIES	¼ FINAL
500+X	SPRINT	YOUTH	MEN	¼ FINAL
500+X	SPRINT	JUNIOR	LADIES	¼ FINAL
500+X	SPRINT	JUNIOR	MEN	¼ FINAL

500+X	SPRINT	SENIOR	LADIES	¼ FINAL
500+X	SPRINT	SENIOR	MEN	¼ FINAL

Eliminations 5000 / 1000 series When needed

16:00 CEREMONIES TEAM SPRINT/POINTS/ POINTS-ELIMINATION

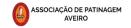
17:00	500+X	SPRINT	YOUTH	LADIES	½ FINAL
	500+X	SPRINT	YOUTH	MEN	½ FINAL
	500+X	SPRINT	JUNIOR	LADIES	½ FINAL
	500+X	SPRINT	JUNIOR	MEN	½ FINAL
	500+X	SPRINT	SENIOR	LADIES	½ FINAL
	500+X	SPRINT	SENIOR	MEN	½ FINAL

5000	ELIMINATIONS	YOUTH	LADIES	FINAL
5000	ELIMINATIONS	YOUTH	MEN	FINAL
10000	ELIMINATIONS	JUNIOR	LADIES	FINAL
10000	ELIMINATIONS	JUNIOR	MEN	FINAL
10000	ELIMINATIONS	SENIOR	LADIES	FINAL
10000	ELIMINATIONS	SENIOR	MEN	FINAL

21:00	500+X	SPRINT	YOUTH	LADIES	FINAL
	500+X	SPRINT	YOUTH	MEN	FINAL
	500+X	SPRINT	JUNIOR	LADIES	FINAL
	500+X	SPRINT	JUNIOR	MEN	FINAL
	500+X	SPRINT	SENIOR	LADIES	FINAL
	500+X	SPRINT	SENIOR	MEN	FINAL



















WEDNESDAY, JULY 21ST, 2021

09:00	1000	SPRINT	YOUTH	MEN	1/4 FINALS
	1000	SPRINT	YOUTH	LADIES	1/4 FINALS
	1000	SPRINT	JUNIOR	MEN	1/4 FINALS
	1000	SPRINT	JUNIOR	LADIES	1/4 FINALS
	1000	SPRINT	SENIOR	MEN	1/4 FINALS
	1000	SPRINT	SENIOR	LADIES	¼ FINALS

3000	RELAY	YOUTH	MEN	½ FINALS
3000	RELAY	YOUTH	LADIES	½ FINALS
3000	RELAY	JUNIOR	MEN	½ FINALS
3000	RELAY	JUNIOR	LADIES	½ FINALS
3000	RELAY	SENIOR	MEN	½ FINALS
3000	RELAY	SENIOR	LADIES	½ FINALS

1000	SPRINT	YOUTH	MEN	½ FINALS
1000	SPRINT	YOUTH	LADIES	½ FINALS
1000	SPRINT	JUNIOR	MEN	½ FINALS
1000	SPRINT	JUNIOR	LADIES	½ FINALS
1000	SPRINT	SENIOR	MEN	½ FINALS
1000	SPRINT	SENIOR	LADIES	½ FINALS

CEREMONIES SPRINTS AND ELIMINATIONS

18:00	1000	SPRINT	YOUTH	MEN	FINAL
	1000	SPRINT	YOUTH	LADIES	FINAL
	1000	SPRINT	JUNIOR	MEN	FINAL
	1000	SPRINT	JUNIOR	LADIES	FINAL
	1000	SPRINT	SENIOR	MEN	FINAL
	1000	SPRINT	SENIOR	LADIES	FINAL

19:00	3000	RELAY	YOUTH	MEN	FINAL
	3000	RELAY	YOUTH	LADIES	FINAL
	3000	RELAY	JUNIOR	MEN	FINAL
	3000	RELAY	JUNIOR	LADIES	FINAL
	3000	RELAY	SENIOR	MEN	FINAL
	3000	RELAY	SENIOR	LADIES	FINAL

CEREMONIES 1000 AND RELAY



















PROGRAM - ROAD

		FRIDA	Y, JULY 23 TH, 20	21	
10:00	100	SPRINT	YOUTH	LADIES	SERIES
10:00			+		-
-	100	SPRINT	YOUTH	MEN	SERIES
Ē	100	SPRINT	JUNIOR	LADIES	SERIES
-	100	SPRINT	JUNIOR	MEN	SERIES
-	100	SPRINT	SENIOR	LADIES	SERIES
	100	SPRINT	SENIOR	MEN	SERIES
F					
_	100	SPRINT	YOUTH	LADIES	¼ FINALS
	100	SPRINT	YOUTH	MEN	1/4 FINALS
	100	SPRINT	JUNIOR	LADIES	¼ FINALS
	100	SPRINT	JUNIOR	MEN	1/4 FINALS
-	100	SPRINT	SENIOR	LADIES	¼ FINALS
-	100	SPRINT	SENIOR	MEN	1/4 FINALS
_					
16:00	100	SPRINT	YOUTH	LADIES	½ FINALS
	100	SPRINT	YOUTH	MEN	½ FINALS
-	100	SPRINT	JUNIOR	LADIES	½ FINALS
-	100	SPRINT	JUNIOR	MEN	½ FINALS
-	100	SPRINT	SENIOR	LADIES	½ FINALS
	100	SPRINT	SENIOR	MEB	½ FINALS
_					
17:00	100	SPRINT	YOUTH	LADIES	FINAL
	100	SPRINT	YOUTH	MEN	FINAL
	100	SPRINT	JUNIOR	LADIES	FINAL
-	100	SPRINT	JUNIOR	MEN	FINAL
-	100	SPRINT	SENIOR	LADIES	FINAL
	100	SPRINT	SENIOR	MEN	FINAL
_		14400			

CEREMONIES 100

18:30	8000	POINTS	YOUTH	LADIES	FINAL
	8000	POINTS	YOUTH	MEN	FINAL
	10000	POINTS	JUNIOR	LADIES	FINAL
	10000	POINTS	JUNIOR	MEN	FINAL
	10000	POINTS	SENIOR	LADIES	FINAL
	10000	POINTS	SENIOR	MEN	FINAL



















SATURDAY, JULY 24 TH, 2021

09:00	ONE LAP	SPRINT	YOUTH	MEN	SERIES
	ONE LAP	SPRINT	YOUTH	LADIES	SERIES
	ONE LAP	SPRINT	JUNIOR	MEN	SERIES
	ONE LAP	SPRINT	JUNIOR	LADIES	SERIES
	ONE LAP	SPRINT	SENIOR	MEN	SERIES
	ONE LAP	SPRINT	SENIOR	LADIES	SERIES

ONE LAP	SPRINT	YOUTH	MEN	¼ FINAL
ONE LAP	SPRINT	YOUTH	LADIES	¼ FINAL
ONE LAP	SPRINT	JUNIOR	MEN	¼ FINAL
ONE LAP	SPRINT	JUNIOR	LADIES	¼ FINAL
ONE LAP	SPRINT	SENIOR	MEN	¼ FINAL
ONE LAP	SPRINT	SENIOR	LADIES	¼ FINAL

12.40	ONE LAP	SPRINT	YOUTH	MEN	½ FINAL
	ONE LAP	SPRINT	YOUTH	LADIES	½ FINAL
	ONE LAP	SPRINT	JUNIOR	MEN	½ FINAL
	ONE LAP	SPRINT	JUNIOR	LADIES	½ FINAL
	ONE LAP	SPRINT	SENIOR	MEN	½ FINAL
	ONE LAP	SPRINT	SENIOR	LADIES	½ FINAL
				•	

16:00	ONE LAP	SPRINT	YOUTH	MEN	FINAL
	ONE LAP	SPRINT	YOUTH	LADIES	FINAL
	ONE LAP	SPRINT	JUNIOR	MEN	FINAL
	ONE LAP	SPRINT	JUNIOR	LADIES	FINAL
	ONE LAP	SPRINT	SENIOR	MEN	FINAL
	ONE LAP	SPRINT	SENIOR	LADIES	FINAL

CEREMONIES ONE LAP AND POINTS

17:00	10000	ELIMINATION	YOUTH	MEN	FINAL
	10000	ELIMINATION	YOUTH	LADIES	FINAL
	15000	ELIMINATION	JUNIOR	MEN	FINAL
	15000	ELIMINATION	JUNIOR	LADIES	FINAL
	15000	ELIMINATION	SENIOR	MEN	FINAL
	15000	ELIMINATION	SENIOR	LADIES	FINAL

CEREMONIES ELIMINATION



















PROGRAM - MARATHON

SUNDAY, JULY 25TH, 2021

9.30	42K	Marathon	Junior	Ladies
9.30	42K	ividiatiioii	Senior	Ladies
11 00	421/	Morathon	Junior	Men
11.00	11.00 42K M	Marathon	Senior	Men

CEREMONIES MARATHON



















VENUE MAP

